

**DERBYSHIRE ATHLETIC ASSOCIATION**  
**TRACK AND FIELD CHAMPIONSHIPS 2010**  
**BERRY HILL PARK, MANSFIELD SATURDAY 8th and SUNDAY 9th MAY**  
www.dcaa.org.uk

**Programme of Events**

	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>U13 Girls</b>	100m, 800m, 4x100m Relay High Jump (1.05m), Shot	200m, 70mHdls, 1500m Long Jump, Javelin (400g)
<b>U15 Girls</b>	100m, 800m, 4x100m Relay High Jump (1.15m), Shot, Discus, Pole Vault (1.50m)	200m, 1500m, 75mHdls Long Jump, Javelin, Hammer
<b>U17 Women</b>	100m, 800m, 3000m, 300mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/ Jump, Pole Vault (1.50m)	200m, 300m, 1500m, 80mHdls, 1500S/C Long Jump, Javelin, Hammer
<b>Junior Women</b>	100m, 200m, 800m, 3000m, 400mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/Jump, Pole Vault (1.50m)	400m, 1500m, 100mHdls, 1500mS/C Long Jump, Javelin, Hammer,
<b>Senior Women</b>	100m, 200m, 800m, 3000m, 400mHdls, 4x100m Relay High Jump (1.25m), Shot, Discus, T/ Jump, Pole Vault (1.50m)	2000mS/C, 400m, 1500m, 100mHdls, Long Jump, Javelin, Hammer
<b>Masters Women</b>	100m, 3000m High Jump (1.25), Shot	400m, 2000mS/Chase Long Jump, Hammer
<b>U13 Boys</b>	200m, 1500m, 75mHdls Long Jump, Javelin (400g)	100m, 800m, 4x100m Relay High Jump (1.10m), Shot
<b>U15 Boys</b>	200m, 400m, 1500m, 80mHdls Long Jump, Javelin, Hammer, Pole Vault (1.50m)	100m, 800m, 4x100m Relay High Jump (1.20m), T/Jump, Shot, Discus
<b>U17 Men</b>	200m, 800m, 3000m, 100mHdls, 400mHdls, Long Jump, Javelin, Hammer, Pole Vault (1.75m)	100m, 400m, 1500m, 1500m S/Chase, 4 x 100m Relay High Jump (1.30m), Shot, Discus, Triple Jump
<b>Junior Men</b>	200m, 1500m, 110mHdls, 400mHdls, Long Jump, Javelin, Hammer (6kg), Pole Vault (2.10m)	100m, 400m, 800m, 3000m, 2000m S/Chase, 4x100m Relay High Jump (1.40m), Shot (6kg), Discus, Triple Jump
<b>Senior Men</b>	200m, 800m, 5000m, 110mHdls, 400mHdls, Long Jump, Javelin, Hammer, Pole Vault (2.10m)	100m, 400m, 1500m, 3000mS/Chase, 4 x 100m Relay High Jump (1.50m), Triple Jump, Shot, Discus
<b>Masters Men</b>	100m Long Jump, Hammer, Pole Vault (1.50m)	400m, 3000m High Jump (1.25m), Shot

**NOTES**

- Starting heights are indicated for High Jump and Pole Vault.
- Pole Vaulters must provide their own poles, as there are NO stadium poles.
- Club, School, County, Regional or National vest colours MUST be worn by all competitors (Rule 17)(All relay teams must wear team colours).
- U13, U15 and U17 athletes may compete in a maximum of three individual events on one day (Rule 107)
- Junior athletes may compete in a maximum of 5 events in one day (Rule 107)
- Field events will comprise of 4 attempts for all age groups, except Seniors and Masters who will have 6 attempts, except in HJ and PV.
- The new false start rule will be in operation for Senior races only.
- An athlete can only compete in one age group in any particular event.

**AGE GROUPS**

Under 13 Girls and Boys - aged 11 or 12 on 31st Aug./1st Sept. 2010 ;

Under 15 Girls and Boys - aged 13 or 14 on 31st Aug./1st Sept. 2010;

Under 17 Women and Men - aged 15 or 16 on 31st Aug./1st Sept. 2010 ;

Junior Women and Men - aged 17 or over on 31st Aug./1st Sept. 2010 but Under 20 on 31st Dec. 2010/1st Jan. 2011;

Senior Women and Men - aged over 20 on 31st Dec. 2010/1st Jan 2011;

Masters Women – (a) aged 35 - 49 or, (b) 50 - 59, or (c) 60 and over on the day of competition;

Masters Men – (a) aged 35 - 49 or, (b) 50 – 59, or (c) 60 and over on the day of competition.

**ENTRY FEES :**

Under 13, Under 15 Boys/Girls and Under 17 Men/Women - £3.50 for first event and timetable, £2.00 for each other event.

U20 Men/Women, Senior and Masters Men/Women - £4.00 for first event and timetable, £2.00 for each other event.

Relay fees £5.00 per team for all age groups.

**Cheques and postal orders to be made payable to 'D. A. A.' or Derbyshire AA**

Derbyshire medals will be awarded to the first three individuals, provided that there are a sufficient number of entries, and medals for the first Relay team or, first three teams provided there are at least 4 competing teams. The Championship Committee has the right to withdraw any event from the programme for which there is less than 3 entries. Competitors must have been born in Derbyshire or, have been resident in Derbyshire for at least 9 months or, are members of HM Forces stationed in the County. A timetable and numbers will be sent to all competitors in advance provided a S.A.E. is included with the entry form and fee. No S.A.E. timetable and numbers will be collected at the Championships. **ALL track athletes are to register at least 45 minutes before their event(s) on each day.** All members of relay teams must have a Derbyshire qualification.

**ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED**  
**CLOSING DATE Friday 16th April 2010**

# DERBYSHIRE ATHLETIC ASSOCIATION

## ENTRY FORM

Full Name .....

Address .....

Post Code ..... Tel No.(include STD) .....

Email ..... Mobile No. ....

Date of Birth ..... Age at 31<sup>st</sup> August 2010.....yrs .....mths

Age at 31<sup>st</sup> Dec. 2010 (Jun/Sen) .....yrs ..... mths

Age on 8<sup>th</sup>/9<sup>th</sup> May 2010 (u11/Masters) .....yrs

Club or School ..... England Athletics Competition No.....  
(to represent) (no number may mean applying an unattached levy of £2)

Age Group ..... Girls Boys Women Men  
Circle one of the above

Events entered	Best Performances 2009/10	Events entered	Best Performances 2009/10
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Entry Fee Enclosed £..... (Please make cheques or postal orders payable to D.A.A or Derbyshire AA)  
Athlete's name(s) on the reverse please

I declare that I am an amateur according to UK Athletics Rules and have a County qualification  
by **Birth / Residence / H. M. Forces. (Delete as necessary)\*\*\*\***

Signed ..... Date .....  
(Parents/ Guardians must sign for athletes under 16 years of age.)

**TRACK ATHLETES MUST REGISTER 45 MINS BEFORE EVENT(S)**  
**FIELD ATHLETES MUST REPORT 30 MINS BEFORE EVENT(S)**  
(Please Note: Failure to register voids participation in that event)

Block entries will be accepted but MUST contain ALL the above information.  
**PLEASE ENCLOSE an A5 STAMPED ADDRESSED ENVELOPE (correct postage) with your entry.**

**CLOSING DATE Friday 16th April 2010 - NO LATE ENTRIES -**

**TO: Trevor Jolly, 19 Allendale, Ilkeston DE7 4LE**