



Leicestershire & Rutland AA  
in association with  
Leicestershire Road Running League  
*present*



# THE LIVINGSTON RELAYS

incorporating

## EAST MIDLANDS RELAY CHAMPIONSHIPS

4 x 3 miles (men), 3 x 3 miles (ladies)

**EASTER SUNDAY 24<sup>th</sup> APRIL 2011 at 10:30 am**  
**Braunstone Park, Braunstone, Leicester**

Car parking, registration & changing at Braunstone Leisure Centre, Hamelin Road, LE3 1JN

The winning team will be presented with the original

### LIVINGSTON TROPHY

Awards for leading teams

**MEN / LADIES / VET MEN (40+) / U20 MEN / U20 LADIES**

Entry through your club or contact Michael Stiff on 0116 246 1443 for an entry form: [michael-stiff@tiscali.co.uk](mailto:michael-stiff@tiscali.co.uk)