

# Masterclass

# Speed

with **John Smith**

**John Smith** is formerly Head Sprints Coach at UCLA. John has coached 4 Olympic champions: Steve Lewis (400m), Maurice Green (100/200m) Marie-Jose Perec (200/400m) and Kevin Young (400mH). He is currently the coach to Carmelita Jeter.

**Q&A Session.**

**Hosted by Tony Lester and Tony Hadley.**

To register email [smorris@uka.org.uk](mailto:smorris@uka.org.uk)

**Saturday 14  
August 2010**

from 9.00am

**Jurys Inn  
Croydon Hotel,  
Wellesley Road,  
Croydon CR0 9XY**

